

Multiple Sclerosis Outcome Measures Summary Recommendations	Acute Care	In- patient Rehab	Home Health	Skilled Nursing Facility	Out- patient	EDSS 0.0 - 3.5	EDSS 4.0 - 5.5	EDSS 6.0 - 7.5	EDSS 8.0 - 9.5	Entry-level Education: Required	Entry-level Education: Exposure	Use in Research	Psychometric Testing Needed
12 Minute Walk / Run	1	2	1	2	2	2	2	1	1		x		x
12-Item MS Walking Scale	4	4	4	4	4	4	4	4	1	x		x	
2 Minute Walk Test	2	2	2	2	2	2	2	2	1	x			x
5-Time Sit to Stand	2	2	2	2	2	2	2	2	1				x
6 Minute Walk Test	3	4	1	3	4	4	4	3	1	x		x	
9-Hole Peg Test	4	4	4	4	4	4	4	4	3	x		x	x
Activities-specific Balance Confidence Scale	3	3	3	3	3	3	3	3	1	x		x	
Balance Evaluation Systems Test (BESTest)	2	2	2	2	2	2	2	2	1				x
Berg Balance Scale	4	4	4	4	4	4	4	4	1	x		x	
Bioesthesiometer	2	2	2	2	2	2	2	2	2				x
Box & Blocks Test	3	3	3	3	3	3	3	3	3		x	x	
Brief Fatigue Index/Inventory	1	1	1	1	1	1	1	1	1				
Canadian Occupational Performance Measure	2	2	2	2	2	2	2	2	2				x
Clinical Test of Sensory Interaction in Balance	2	2	2	2	2	2	2	2	1				x
Disease Steps	3	3	3	3	3	3	3	3	3		x		
Dizziness Handicap Inventory	1	3	2	2	4	4	4	4	2	x		x	
Dynamic Gait Index	3	3	3	3	3	3	3	1	1	x		x	
Expanded Disability Status Scale & Kurtzke Functional Systems Scale	1	1	1	1	1	1	1	1	1				
Fatigue Descriptive Scale	2	2	2	2	2	2	2	2	2				x
Fatigue Scale for Motor and Cognitive Functions	3	3	3	3	3	3	3	3	3	x		x	
Four Square Step Test	2	3	2	2	3	2	3	3	1		x		
Fullerton Advanced Balance Scale	2	2	2	2	2	2	2	1	1				x
Function in Sitting Test	2	2	2	2	1	1	1	1	2				x
Functional Assessment of MS	1	3	3	3	3	3	3	3	3		x	x	
Functional Gait Assessment	2	2	2	2	2	2	2	1	1				x
Functional Independence Measure	1	3	1	3	1	3	3	3	3	x		x	
Functional Reach	3	3	3	2	3	3	3	1	1	x		x	
Goal Attainment Scale	1	3	3	3	3	3	3	3	3			x	
Guy's Neurological Disability Scale	3	3	3	3	3	3	3	3	3			x	
Hauser Ambulation Index	3	3	3	3	3	3	3	3	3				
High Level Mobility Assessment Tool (HiMat)	1	2	1	1	2	2	2	1	1				x
Maximal Inspiratory/Expiratory Pressure	3	3	3	3	3	3	3	3	3		x	x	
Maximal Oxygen Uptake: VO2 max and VO2 peak	1	1	1	1	3	3	3	2	1		x	x	
Modified Ashworth Scale of Spasticity	2	2	2	2	2	2	2	2	2				x
Modified Fatigue Impact Scale	3	3	3	3	3	3	3	3	1		x	x	

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						0.0 - 3.5	4.0 - 5.5	6.0 - 7.5	8.0 - 9.5	Education: Required	Education: Exposure		
Motion Sensitivity Test	2	2	2	2	2	2	2	2	1				x
Movement Ability Measure	2	2	2	2	2	2	2	2	2				x
Multi-Component Fatigue Scale	1	1	1	1	1	1	1	1	1				
Multiple Sclerosis Functional Composite	1	3	3	3	4	3	3	3	3		x	x	
Multiple Sclerosis Impact Scale (MSIS-29)	4	4	4	4	4	4	4	4	4		x	x	
Multiple Sclerosis International Quality of Life Questionnaire	3	3	3	3	3	3	3	3	3				
Multiple Sclerosis Quality of Life (MS-QOL 54)	3	4	4	4	4	4	4	4	4	x		x	
Multiple Sclerosis Quality of Life Inventory	1	1	1	1	3	3	3	3	3			x	
Multiple Sclerosis Spasticity Scale (MSSS - 88)	2	2	2	2	2	2	2	2	2				x
Neuropathic Pain Scale	2	2	2	2	2	2	2	2	2				x
Nottingham Sensory Assessment	1	1	1	1	1	1	1	1	1				x
Patient-specific Functional Scale	1	2	2	2	2	2	2	2	2				x
Physiologic Cost Index	1	1	1	1	1	1	1	1	1				x
Rivermead Assessment of Somatosensory Performance	1	1	1	1	1	1	1	1	1				x
Rivermead Mobility Index	3	3	3	3	3	3	3	3	3	x		x	
SARA (Ataxia Rating Scale)	2	2	2	2	2	2	2	2	2				x
Scripps Neurological Rating Scale	1	1	1	1	1	1	1	1	1				
Semmes Weinstein Monofilament	2	2	2	2	2	2	2	2	2				x
Short Form Health Survey of the Medical Outcome Study (SF-36)	1	1	3	1	3	3	3	3	1		x	x	
Static Standing Balance Test	2	2	2	2	2	2	2	2	1	x			x
Tardieu Spasticity Scale	2	2	2	2	2	2	2	2	2				x
Timed 25 foot walk	4	4	4	4	4	4	4	4	1	x		x	
Timed Up & Go (TUG) w/ Cognitive & Manual	4	4	4	4	4	4	4	4	1	x		x	
Tinetti Falls Efficacy Scale	2	2	2	2	2	2	2	2	1				x
Tinetti Performance Oriented Mobility Assessment	2	2	2	2	2	2	2	2	1				x
Trunk Control Test	2	2	2	2	1	1	1	1	2				x
Trunk Impairment Scale	3	3	3	3	1	1	3	3	3	x		x	x
Visual Analog Scale (for Fatigue)	3	3	3	3	3	3	3	3	3	x		x	