

SCI EDGE outcome measures for acute(0–3mo) SCI

The SCI EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activities and participation evaluating each for psychometrics and clinical utility for patients with SCI. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in individuals with acute SCI. Additional measures are recommended, but not as strongly. Other measures may be reasonable to use but have less psychometric data in the SCI population. You can view the complete list of measures reviewed and supporting material at <https://www.neuropt.org/practice-resources/neurology-section-outcome-measures-recommendations/spinal-cord-injury>:

Recommendations for patients with spinal cord injury:

Highly recommended measures:

6 minute walk
10 meter walk
ASIA Impairment Scale
Hand Held Myometry
Timed Up and Go
Walking Index for Spinal Cord Injury II

Recommended measures:

Berg Balance Scale	Numeric Pain Rating Scale
Functional Independence Measure	Spinal Cord Independence Measure III
Manual Muscle Test	Spinal Cord Injury Functional Ambulation Inventory
Needs Assessment Checklist	

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